

Massages & Treatments

enjoy our regenerating and
relaxing treatments in the spa



Price List

DECONTRACTING BACK MASSAGE (30 MIN) 60€

is one of the most beneficial treatments, as it eliminates muscle tension and psychophysical stress. It stretches the dorsal and shoulder muscles and is a valuable aid against contractures

RELAXING BACK MASSAGE (30 MIN) 45€

Combines massages and gentle movements that go to deeply relax the back and shoulder area

LEGS MASSAGE (30 MIN) 45€

This massage provides draining practices to reactivate the microcirculation and relax swelling and tension

HEAD MASSAGE (30 MIN) 45€

It's one of the most relaxing practices, with a skull sacral technique that touches the right points to energetically recharge

NECK / SHOULDERS MASSAGE (30 MIN) 45€

This treatment combines massages and gentle movements that deeply relax both shoulders and the cervical vertebrae



Price List

SPORTIVE MASSAGE (50 MIN)

80€

It is aimed at sports people and is indicated before or after training/ performance. In the first case to prepare the muscles and kinetics chains specific to the effort, in the second instead to accelerate the process of cooling thanks also to passive stretches of the muscles congested by sports activity

DECONTRACTING MASSAGE (50 min)

Restores muscle tone through manual actions that act in depth by melting the contractures and improving muscle mobility

90€

MAORI MASSAGE(60 min)

intense and deep massage that prepares the body to face life with renewed strength, a massage to fight fear. Wooden instruments typical of the Maori culture are used

90€



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LYMPHATIC DRAINAGE MASSAGE (50 min) 80€

The massage can be performed by practicing deep maneuvers with decontracting effect, or with lighter maneuvers for a relaxing effect

AYURVEDIC MASSAGE (50 min) 80€

Relieves tension and related disorders, useful to relieve stress

ANCIENT THERMAL RITUAL (50 min) 80€

Born in the times of ancient Rome where beauty rituals were already used. It is an excellent cleanser, exfoliant and draining

CALIFORNIAN EMOTIONAL MASSAGE(60 MIN) 80€

One of the most effective techniques and known in the world as enveloping and sensory, contains all the charm of the vibrant soul of California. Ideal to eliminate stress, anxieties and depressions



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THAI OIL MASSAGE (60 MIN) 90€

It is characterized by slow, gentle and delicate movements that lead to a complete sense of relaxation. The energy meridians are also taken into account and treated, in order to stimulate the flow of vital energy in the body

KIREI & KOBIDO MASSAGE (60 MIN) 90€

The Kirei practice uses nature to give the skin a new life. Thanks to the Kobido massage we can act positively on elasticity and skin hydration with visible results immediately

HAWAIIAN LOMI LOMI MASSAGE (60 MIN) 90€

A harmonious and fluid technique inspired by shamanic rituals. The hands of the masseur reproduce the movement of the ocean in a warm and enveloping atmosphere